

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 Breakfast	4 Breakfast	5 Breakfast
oor A	A 100	Blueberry Donut Holes	Chicken Biscuit	Cinnamon Toast Crunch Soft Bar
7 4 4	A A A	Lunch	Lunch	Lunch
70811	1001	Cheeseburger	Baked Sapghetti	Italian Pizza
IFITI	IHIJY	Hot Dog w/ Chili	Chicken Alfredo	Bird Dog
-19 <u>-</u>	, Oto	Spiral Fries	Spinach Salad w/ Ranch	Carrot Sticks w/ Dressing
, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	JfIRY -	Seasoned Corn	Green Beans	Baked Beans
711110	/	Choice Of Fruit	Choice of Fruit & Breadstick	Choice of Fruit
			National Spaghetti Day	Frozen Fruit Friday
8 Breakfast	9 Breakfast	10 Breakfast	11 Breakfast	12 Breakfast
Breakfast Pizza	Apple Frudel	Cinnamon Texas Toast	Donut Sticks	Chicken Biscuit
Lunch	Lunch	Lunch	Brunch for Lunch	Lunch
Mozzarella Cheese Sticks w/Sauce	Arroz Con Pollo	Shepherd's Pie	Sausage Patty or Chicken Patty	Italian Pizza
Palmetto Burger	Beans & Franks w/ Dinner Roll	Breaded Baked Chicken	Scrambled Eggs or Cheese Grits	Meatball Sub Sandwich
Baked Beans	Seasoned Corn	Steamed Tomatoes & Okra	Cherry Tomatoes or Tri Potatoes	Cole Slaw
Seaseoned Mixed Vegetables	Steamed Broccoli	Green Beans	Pancakes	Spinach Salad w/ Ranch
Choice of Fruit	Choice of Fruit	Dinner Roll	Choice of Fruit	Choice of Fruit
		Choice of Fruit	National Milk Day	Frozen Fruit Friday
15 Breakfast	16 Breakfast	17 Breakfast	18 Breakfast	19 Breakfast
Martin Luther King Day	Pop tart	Strawberry Pancakes	Cinnamon Roll	Sausage Biscuit
NO SCHOOL	Lunch	Lunch	Lunch	Lunch
	Country Fried Steak w/ Gravy	Bowl of Chili and Cinnamon Roll	Soup of the Day	Italian Pepperoni Pizza
***	Chicken Pot Pie	Ravioli w/ Marinara Sauce	Turkey and Cheese Wedge Sandwich	Mozzarella Cheese Sticks w/Sauce
Martin Luther	Steamed Rice	Seasoned Corn	Grilled Cheese Sandwich	Cucumber Slices w/ Ranch
King Jr. Day	Collard Greens	Spinach Salad w/ Ranch	Glazed Carrots	Carrot Sticks w/ Dressing
DREAM *	Seasoned Pintos	Breadstick & Choice of Fruit	Green Beans	Choice of Fruit
	Hawaiian Roll & Choice of Fruit	National Chili Day	Choice of Fruit	Frozen Fruit Friday
22 Breakfast	23 Breakfast	24 Breakfast	25 Breakfast	26 Breakfast
Pancake Pup	Chicken Biscuit	Cinnamon Bread	Powdered Donuts	Blueberry Pancake
Lunch	Lunch	Lunch	Lunch	Lunch
Ham and Macaroni Au Gratin	Chicken Walking Taco	Chicken Ranch Wrap	Tangerine Chicken	Italian Pizza
Teriyaki Dumplings	Fiesta Mac	Pig in a Blanket	Teriyaki Meatballs	Beef Taco Stick
Sweet Potatoes	Lettuce and Tomatoes, Cheese & Salsa	Spinach Salad w/ Ranch	Seaseoned Quinoa	Garden Salad w/ Ranch
Steamed Broccoli w/ Cheese Sauce	Mexicali Corn	Waffle Fries	Glazed Carrots	Carrot Sticks w/ Dressing
Choice of Fruit	Black Beans w/ Diced Red Peppers	Choice of Fruit	Zucchini & Yellow Squash	Choice of Fruit
Breadstick	Choice of Fruit		Dinner Roll & Choice of Fruit	Frozen Fruit Friday
29 Breakfast	30 Breakfast	31 Breakfast		•
Breakfast Pizza	Muffin	Sausage & Cheese Griddle	82	
Lunch	Lunch	Lunch		SON WIDE
Fajita Steak Nachos	Popcorn Chicken	Salisbury Steak		
Rib a Que	Baked Fish Filet	or Baked Pork Chop		
Black Beans	Seasoned Corn -	Mashed Potatoes w/ Gravy		
Steamed Broccoli	Glazed Carrots	Steamed Cabbage		
Choice of Fruit	Breadstick & Choice of Fruit	Dinner Roll	(( )	Zingert3ug.com
National Corn Chip Day		Choice Of Fruit		
MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE AND COLD CEREALS AT BREAKFAST				

Condiments Available Daily

## Yogurt Plate or Peanut Butter & Jelly Sandwiches Available Daily at Lunch

This Institution is an Equal Opportunity Provider

Menu is subject to change depending upon availabilty of food items. Condiments Served Daily

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers

